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## NATIONAL AGENCY FOR FOOD AND DRUG ADMINISTRATION AND CONTROL ACT (CAP. N1, LFN) 2004

## PRE-PACKAGED FOOD (LABELLING) REGULATIONS, 2022



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## NATIONAL AGENCY FOR FOOD AND DRUG ADMINISTRATION AND CONTROL ACT (CAP. N1, LFN) 2004

PRE-PACKAGED FOOD (LABELLING) REGULATIONS, 2022

[18th Day of November, 2022]

Commencement.

In exercise of the powers conferred on it by sections 5 and 30 of the National Agency for Food and Drug Administration and Control Act (Cap. N1, LFN) 2004 and section 12 of the Food, Drug and Related Products (Registration, Etc.) Act (Cap. F33, LFN) 2004 and all other powers enabling it in that behalf, the Governing Council of the National Agency for Food and Drug Administration and Control with the approval of the Minister of Health makes the following Regulations —

1. These Regulations shall apply to labelling of pre-packaged food manufactured, imported, exported, sold, distributed or used in Nigeria.

Scope of

- 2. The name of a pre-package food shall be —
- (a) indicated in the Principal Display Panel (PDP) of the label, clearly indicating the specifics and true nature of the food and not generic description;
- (b) in accordance with the name established for the food in a Codex Standard;
- (c) the appropriate product statement of identity, where there is no specific, common or usual name of the food and shall be used in a manner that is not misleading or confusing to the consumer;
- (d) coined, fanciful, brand name, or trademark name, provided the name is not misleading, deceptive or confusing and shall be accompanied by one of the names provided in regulation 3 (2) and (3) of these Regulations and the Agency shall not be liable for any similarity in brand or trademark name;
- (e) on the label of the food product either in conjunction with, or in close proximity to the name of the food, such additional words or phrases, as are necessary to avoid misleading or confusing the consumer with regards to the true nature and physical condition of the food, including the type of packing medium, style, and the condition or the type of treatment it has undergone, such as dried, concentrated, reconstituted, smoked, ozonized or as may be applicable; and
- (f) composed of any characterizing flavour or ingredientand shall form part of the name of the product.

application

Name of pre-package food

- (b) create an unrealistic impression in the minds of children or their parents or caregivers about safety; and
- (c) encourage the consumption of such food items that are detrimental to children's health.
- 5.—(1) Except for single ingredient foods, list of ingredients of such foods shall be declared on the label of such pre-packaged food.

List of ingredients

- (2) The list of ingredients shall be headed by an appropriate title, consisting of or includes the term "Ingredients".
- (3) All Ingredients used in the product shall be listed in descending order of ingoing weight (m/m) at the time of the manufacture of the food.
- (4) Where an ingredient of a food product is itself the product of two or more ingredients, such a compound ingredient shall be declared in the list of ingredients and accompanied by a list in brackets of its ingredients in descending order of proportion by mass.
- (5) Notwithstanding regulation 5(4) of these Regulations, where a compound proprietary ingredient is used in the manufacture of a product, it shall be indicated on the label as a proprietary ingredient.
- (6) Where a compound ingredient for which a name has been established in a Codex Standard constitutes less than 5% of the food, the ingredients other than food additives which serve a technological function in the finished product need not be declared.
- (7) Foods and ingredients known to be allergens or likely to cause hypersensitivity shall be declared in the label as follows—
  - (a) cereals containing gluten, such as wheat, rye, barley, oats, spelt or their hybridized strains and products of these;
  - (b) aquatic products such as crustaceans, scallops, fish, calamari and products of these;
    - (c) eggs and egg products;
    - (d) peanuts (groundnuts) and products of these;
    - (e) soybeans and products of these;
    - (f) milk and milk products, lactose included;
    - (g) tree nuts and nut products;
    - (h) seasoning such as monosodium glutamate;
    - (i) sulphite in concentrations of 10 mg/kg or more; and
    - (i) other products as may be prescribed by the Agency.
- (8) Added water shall be declared in the list of ingredients except in cases where water forms part of an ingredient such as, brine, syrup or broth

6.—(1) Food additives that are carried over from raw materials into food in a quantity within the threshold permitted by the Agency to perform a processing function in that food when it is used, shall be included in the list of ingredients.

Processing aids and carry-over of food addittives

- (2) A food additive or a processing aid that is carried over from raw materials into food in a quantity not sufficient to perform a processing function in that food when it is used is exempted from declaration in the list of ingredients.
- 7.—(1) The average net content of every pre-packaged food item shall be declared in the metric system or International System of units.
- Net content
  of prepackaged
  food
- (2) The declaration of average net content of food item shall be made in food the following manner—
  - (a) liquid food or water in volume;
  - (b) solid food or ice by weight and number or count, where applicable; and
    - (c) semi-solid or viscous food by weight or volume.
- (3) Any food pre-packaged in liquid form, which is normally discarded before consumption, shall carry a declaration of the drained weight of the food item.
- (4) For multi-unit retail packages, a statement of the quantity of contents on the outside package shall include the number of the individual units, the net content of each individual unit and the total quantity of contents of the multi-unit package.
- 8.—(1) The name and address of a manufacturer, packer, re-packer, distributor, importer, exporter or vendor of a pre-packaged food shall be declared on the product label.
  - comtact
    imformation
    of
    mamufacturer

distributor

Name and

- (2) Where a product is imported, the name and address of the manufacturer and the importer shall be declared on the product labelling.
- (3) Where a manufacturer has facilities in many cities or towns, the corporate head office shall suffice, provided that every food package has a code or mark to identify the processing facility where it was manufactured.
- (4) Where the corporate head office is decentralised to geographical zones and each geographical zone represented by a specified corporate head office, the relevant corporate head office shall suffice, provided that every food package has a code or mark to identify the processing facility where it was manufactured.

where the year is expressed as only two digits, the sequence of the day, month, year shall be given by appropriate abbreviations accompanying the date mark as (DD/MM/YYYY or MM/DD/YYYY).

- (6) The date of manufacture shall be used in combination with regulation 10(1) and (2) of this regulation, and shall be introduced with the words "Date of Manufacture" as appropriate in the circumstance.
- (7) Bar coding shall be on the label with all traceable information in line with regulation 10 (1) to (6) of these Regulations.
- (8) Where several items are included in the outer wrapper, which during normal usage by the consumer may be discarded, the date shall appear on both the packaging and the items to be retained by the consumer until consumption.
- (9) Notwithstanding subregulation 10(1)(2) of these Regulations, an indication of the "Best Before" or "Best quality before" date shall not be required for
  - (a) fresh fruits and vegetables, including tubers, which have not been peeled, cut or similarly treated;
    - (b) alcoholic beverages containing at least 10% alcohol in volume;
  - (c) bakers' or pastry-cooks' wares, which given the nature of their content, are normally consumed within 24 hours of their manufacture;
    - (d) vinegar;
    - (e) non-iodized food grade salt; and
    - (f) non-fortified solid sugar.
    - 11. The required storage conditions shall be specified on the label.

Storage conditions

12. The batch number shall be indicated on the label of all pre-packaged food.

Batch number

13. All pre-packaged food shall bear the Agency's Registration Number (NAFDAC Reg.No.) issued on Certificate of Registration in a manner as shall be prescribed by the Agency.

Registration number

14. Any declaration required to be made on any pre-packaged food under these Regulations shall be in English language and may include any other language.

Language

15.—(1) A pre-packaged food which has been treated with ionizing radiation shall be declared and the nature of the treatment stated on the label very close to the name of the food.

Ionizing radiation

- (b) where the nutrition declaration is applied, vitamins and minerals, which are present in amount less than 5% of the Nutrient Reference Value per 100g or 100ml or per serving as quantified on the label, shall not be declared; and
- (c) vitamins and minerals, which shall be expressed per 100g/ml and as a percentage on Nutrient Reference Value.
- 19.—(1) Where the labelling of a food places special emphasis on the presence of one or more valuable or characterizing ingredients, the percentage of the ingredient by mass in the final product shall be declared.

Quantitative labelling of ingredients

- (2) Where the labelling of food places special emphasis on the low content of one or more ingredients, the percentage of the ingredient by mass in the final product shall be declared.
- (3) A reference in the name of a food to a particular ingredient shall not itself constitute the placing of special emphasis.
- (4) A reference in the labelling of food to an ingredient used in a small quantity and only as a flavouring shall not of itself constitute the placing of special emphasis.
- 20.—(1) Where food is sold from bulk stock, the bulk stock container shall be labelled in accordance with the requirements for individually labelled food and the lettering shall be legible and placed conspicuously on the container.

Bulk Stock

- (2) Regulation 20 (1) of these Regulations shall not apply where the contents of the bulk container are individually packed and labelled in accordance with the requirements for individually labelled food.
- (3) For re-packaged food, the expiration date shall be as indicated on the bulk stock.
- 21. Where grade designations are used, they shall be readily understandable and shall not be misleading or deceptive in anyway.

Grade Designations

22. A person shall not —

Prohibition

- (a) manufacture, import, export, distribute, advertise, display for sale, offer for sale, sell or use a pre-packaged food, unless it is labelled in accordance with the provisions of these Regulations;
- (b) manufacture, import, export, distribute, advertise, sell or use food whose
  - (i) expiry date has lapsed,
  - (ii) expiry date or best before date has been obliterated or forged,
  - (iii) label has been altered, obliterated or removed; and
- (c) make advertisement claim or professional association endorsement on a food product label unless it is authorised by the Agency.

"Best Before Date or Best Quality Before Date" means the date which signifies the end of the period, under any stated storage conditions, during which the unopened product may remain fully marketable and may retain a specific qualities for which implied or express claims have been made, beyond the date the food may still be acceptable for consumption;

"Container" means any form of packaging of food for sale as a single item, whether by completely or partially enclosing the food and includes wrappers, but does not include leaf traditionally used as food wrappers and a container may enclose several units or types of packages when such is offered to the consumer;

"Date of Manufacture" means the date on which the food becomes the product as described and does not indicate the durability of the product;

"Date of Packaging' means the date on which the food is placed in the immediate container in which it may be ultimately sold and does not indicate the durability of the product;

"food" means any substance, whether processed, semi-processed or raw, which is intended for human consumption, and includes drinks, chewing gum and any substance which has been used in the manufacture, preparation or treatment of "food" but does not include cosmetics or tobacco or substances used only as drugs;

"food Additive" means any substance not normally consumed as a food by itself and not normally used as a typical ingredient of the food, whether or not it has nutritive value, the intentional addition of which to food for a technological (including organoleptic) purpose in the manufacture, processing, preparation, treatment, packing, packaging, transporting or holding of such food results, or may be reasonably expected to result, (directly or indirectly) in it or its by-products becoming a component of or otherwise affecting the characteristics of such foods; this term does not include "contaminants" or substances added to food for maintaining or improving nutritional qualities;

"Ingredient" means any substance, including a food additive, used in the manufacture or preparation of a food and present in the final product, although possibly in a modified form;

"Label" means any tag, brand, mark, pictorial or other descriptive matter, written, printed, stenciled, marked, embossed or impressed on, or attached to a package or container of food;

"Labelling" includes any written, printed or graphic matter that is present on the label, accompanying the food, or is displayed near the food, including that for the purpose of promoting its sale or disposal;

"Lot" means a definitive quantity of a commodity produced essentially under the same conditions;

### FIRST SCHEDULE

## CLASSIFICATION OF FOOD ADDITIVES

Name of Classes	Class Names
Refined oils other than olive	"Oil" together with either the term "vegetable" or "animal", qualified by the term "hydrogenated" or "partially-hydrogenated", as appropriate
Refined fats	"Fat" together with either, the term "vegetable" or "animal", as appropriate
Starches, other than chemically modified starches	"Starch"
All species of fish where the fish constitutes an ingredient of another food and provided that the labelling and presentation of such food does not refer to a specific species of fish.	
All types of poultry meat where such meat constitutes an ingredient of another food and provided that the labelling and presentation of such a food does not refer to a specific type of poultry meat.	
All types of cheese where the cheese or mixture of cheeses constitutes an ingredient of another food and provided that the labelling and presentation of such food does not refer to a specific type of cheese.	
All spices and spice extracts not exceeding 2% by weight either singly or in combination in the food.	"Spice", "spices", or "mixed spices", as appropriate
All herbs or part of herbs not exceeding 2% by weight either singly or in combination in the food.	"Herbs" or "mixed herbs", as appropriate
All types of gum preparations used in the manufacture of gum base for chewing gum.	"Gum base"
All types of sucrose	"Sugar"
Anhydrous dextrose and dextrose monohydrate	"Dextrose" or "glucose"
All types of caseinates	"Caseinates"
Milk products containing a minimum of 50% of milk protein (m/m) in dry matter	"Milk Protein"
Pressed, expeller or refined cocoa butter	"Cocoa butter"
All crystalised fruit not exceeding 10% of the weight of the food	"Crystallised fruit"

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