

1.3 Product Information

1.3.1 Summary of Product Characteristics

1. NAME OF MEDICINAL PRODUCT

Amiodarone 100 mg Tablets

2. QUALITATIVE AND QUANTITATIVE COMPOSITIONS

Each Tablet contains: 100mg of Amiodarone Hydrochloride.

Excipients with known effect:

Each tablet contains 25mg lactose monohydrate.

For the full list of excipients, see section 6.1.

3. PHARMACEUTICAL FORM

Tablet, Round, flat, white tablets with a central division line on one face and embossed '100' on the reverse.

4. CLINICAL PARTICULARS

Therapeutic Indications

Treatment should be initiated and normally monitored only under hospital or specialist supervision. Oral Amiodarone is indicated only for the treatment of severe rhythm disorders not responding to other therapies or when other treatments cannot be used.

Tachyarrhythmias associated with Wolff-Parkinson-White Syndrome.

Atrial flutter and fibrillation when other drugs cannot be used.

All types of tachyarrhythmias of paroxysmal nature including: supra ventricular, nodal and entricular tachycardias, ventricular fibrillation; when other drugs cannot be used.

4.1 Posology and method of administration

Posology:

Adults:

It is particularly important that the minimum effective dose be used. In all cases the patient's management must be judged on the individual response and wellbeing. The following dosage regimen is generally effective.

Initial stabilisation:

Treatment should be started with 200mg, three times a day and may be continued for 1 week. The dosage should then be reduced to 200 mg, twice daily for a further week.

Maintenance:

After the initial period the dosage should be reduced to 200 mg daily, or less if appropriate. Rarely, the patient may require a higher maintenance dose. The scored 100 mg tablet should be used to titrate the minimum dosage required to maintain control of the arrhythmia. The maintenance dose should be regularly reviewed, especially where this exceeds 200 mg daily.

Changeover from intravenous to oral therapy: As soon as an adequate response has been obtained, oral therapy should be initiated concomitantly at the usual loading dose (200 mg three times a day). Intravenous amiodarone should then be phased out gradually.

General considerations

Initial dosing: A high dose is needed in order to achieve adequate tissue levels rapidly.

Maintenance: Too high a dose during maintenance therapy can cause side effects which are believed to be related to high tissue levels of amiodarone and its metabolites.

Amiodarone is strongly protein bound and has an average plasma half-life of 50 days (reported range 20 to 100 days). It follows that sufficient time must be allowed for a new distribution equilibrium to be achieved between adjustments of dosage. In patients with potentially lethal arrhythmias the long half-life is a valuable safeguard as omission of occasional doses does not significantly influence the overall therapeutic effect.

It is particularly important that the minimum effective dosage is used and the patient is monitored regularly to detect the clinical features of excess amiodarone dosage. Therapy may then be adjusted accordingly.

Dosage reduction / withdrawal: Side effects slowly disappear as tissue levels fall.

Following drug withdrawal, residual tissue bound amiodarone may protect the patient for up to a month. However, the likelihood of recurrence of arrhythmia during this period should be considered.

Elderly:

As with all patients it is important that the minimum effective dose is used.

Whilst there is no evidence that dosage requirements are different for this group of patients they may be more susceptible to bradycardia and conduction defects if too high a dose is employed. Particular attention should be paid to monitoring thyroid function. (See sections 4.3 and 4.4 and 4.8).

Paediatric population:

The safety and efficacy of amiodarone in children has not been established.

Currently available data are described in sections 5.1 and 5.2 but no recommendation on posology can be made.

Method of administration:

Amiodarone is for oral administration.

4.3. Contraindications

Sinus bradycardia and sino-atrial heart block: In patients with severe conduction disturbances (high grade AV block, bifascicular or trifascicular block) or sinus node disease, Amiodarone should be used only in conjunction with a pacemaker.

Evidence or history of thyroid dysfunction: Thyroid function tests should be performed prior to therapy in all patients.

Known hypersensitivity to iodine or to the active ingredient or to any of the excipients listed in section 6.1. (One 100mg tablet contains approximately 37.5 mg iodine).

The combination of Amiodarone with drugs which may induce torsades de pointes is contraindicated (see section 4.5).

Pregnancy – except in exceptional circumstances (see section 4.6)

Lactation. (see section 4.6)

4.4. Special warnings and precautions for use

Amiodarone can cause serious adverse reactions affecting the eyes, heart, lung, liver, thyroid gland, skin and peripheral nervous system (see section 4.8.). Because these reactions may be delayed, patients on long-term treatment should be carefully supervised. As undesirable effects are usually dose-related, the minimum effective maintenance dose should be given.

Before surgery, the anaesthetist should be informed that the patient is taking amiodarone (see sections 4.5 and 4.8).

Amiodarone should not be used in patients with porphyria. It should be prescribed only when the benefit outweighs the risk and in such cases treatment should be discussed with an expert centre.

Cardiac disorders (see section 4.8):

Too high a dosage may lead to severe bradycardia and to conduction disturbances with the appearance of an idioventricular rhythm, particularly in elderly patients or during digitalis therapy. In these circumstances, Amiodarone treatment should be withdrawn. Beta- adrenostimulants or glucagon may be given if necessary. Because of the long half-life of amiodarone, if bradycardia is severe and symptomatic the insertion of a pacemaker should be considered.

Oral Amiodarone is not contra-indicated in patients with latent or manifest heart failure but caution should be exercised as, occasionally, existing heart failure may be worsened. In such cases, Amiodarone may be used with other appropriate therapies.

The pharmacological action of amiodarone induces ECG changes: QT prolongation (related to prolonged repolarisation) with the possible development of U-waves and deformed T-waves. These ECG changes do not reflect toxicity.

In the elderly, heart rate may decrease markedly.

Treatment should be discontinued in case of onset of 2nd or 3rd degree A-V block, sino-atrial block, or bifascicular block.

Amiodarone has a low pro-arrhythmic effect. Onsets of new arrhythmias or worsening of treated arrhythmias, sometimes fatal, have been reported. It is important, but difficult, to differentiate a lack of efficacy of the drug from a proarrhythmic effect, whether or not this is associated with a worsening of the cardiac condition.

Proarrhythmic effects generally occur in the context of QT prolongation factors such as drug interactions and/or electrolytic disorders (see sections 4.5. and 4.8). Despite QT interval prolongation, amiodarone exhibits a low torsadogenic activity.

Before starting amiodarone, it is recommended to perform an ECG and serum potassium measurement. Monitoring of ECG is recommended during treatment. (section 4.8).

Amiodarone may increase the defibrillation threshold and/or pacing threshold in patients with an implantable cardioverter defibrillator or a pacemaker, which may adversely affect the efficacy of the device. Regular tests are recommended to ensure the proper function of the device after initiation of treatment or change in posology.

Severe Bradycardia (see section 4.5):

Cases of severe, potentially life-threatening bradycardia and heart block have been observed when amiodarone is used in combination with sofosbuvir in combination with another hepatitis C virus (HCV) direct acting antiviral (DAA), such as daclatasvir, simeprevir, or ledipasvir. Therefore, coadministration of these agents with amiodarone is not recommended.

If concomitant use with amiodarone cannot be avoided, it is recommended that patients are closely monitored when initiating sofosbuvir in combination with other DAAs. Patients who are identified as being at high risk of bradyarrhythmia should be continuously monitored for at least 48 hours in an appropriate clinical setting after initiation of the concomitant treatment with sofosbuvir.

Patients receiving these hepatitis C medicines with amiodarone, with or without other medicines that lower heart rate, should be warned of the symptoms of bradycardia and heart block and should be advised to seek urgent medical advice if they experience them.

Endocrine disorders (see section 4.8)

Amiodarone may induce hypothyroidism or hyperthyroidism, particularly in patients with a personal history of thyroid disorders. Clinical and biological [including ultrasensitive TSH (usTSH)] monitoring should be performed prior to therapy in all patients. Monitoring should be carried out during treatment, at six-monthly intervals, and for several months following its discontinuation. This is particularly important in the elderly. In patients whose history indicates an increased risk of thyroid dysfunction, regular assessment is recommended. Serum usTSH level should be measured when thyroid dysfunction is suspected.

Amiodarone contains iodine and thus may interfere with radio-iodine uptake. However, thyroid function tests (free-T3, free-T4, usTSH) remain interpretable. Amiodarone inhibits peripheral conversion of levothyroxine (T4) to triiodothyronine (T3) and may cause isolated biochemical changes (increase in serum free-T4, free-T3 being slightly decreased or even normal) in clinically euthyroid patients. There is no reason in such cases to discontinue amiodarone treatment if there is no clinical or further biological (usTSH) evidence of thyroid disease.

Hypothyroidism:

Hypothyroidism should be suspected if the following clinical signs occur: weight gain, cold intolerance, reduced activity, excessive bradycardia. The diagnosis is supported by an increase in serum usTSH and an exaggerated TSH response to TRH. T3 and T4 levels may be low. Euthyroidism is usually obtained within 3 months following the discontinuation of treatment. In life-threatening situations, Amiodarone therapy can be continued, in combination with levothyroxine. The dose of levothyroxine is adjusted according to TSH levels.

Hyperthyroidism:

Hyperthyroidism may occur during amiodarone treatment, or, up to several months after discontinuation. Clinical features, such as weight loss, asthenia, restlessness, increase in heart rate, onset of arrhythmia, angina, congestive heart failure should alert the physician. The diagnosis is supported by a decrease in serum usTSH level, an elevated T3 and a reduced TSH response to thyrotropin releasing hormone. Elevation of reverse T3 (rT3) may also be found.

In the case of hyperthyroidism, therapy should be withdrawn. Clinical recovery usually occurs within a few months, although severe cases, sometimes resulting in fatalities, have been reported. Clinical recovery precedes the normalisation of thyroid function tests.

Courses of anti-thyroid drugs have been used for the treatment of severe thyroid hyperactivity; large doses may be required initially. These may not always be effective and concomitant high dose corticosteroid therapy (e.g. 1mg/kg prednisolone) may be required for several weeks.

Eye disorders (see section 4.8).

If blurred or decreased vision occurs, complete ophthalmologic examination including fundoscopy should be promptly performed. Appearance of optic neuropathy and/or optic neuritis require amiodarone withdrawal due to the potential progression to blindness. Unless blurred or decreased vision occurs, ophthalmological examination is recommended annually.

Hepato-biliary disorders (see section 4.8):

Amiodarone may be associated with a variety of hepatic effects, including cirrhosis, hepatitis, jaundice and hepatic failure. Some fatalities have been reported, mainly following long-term therapy, although rarely they have occurred soon after starting treatment particularly after amiodarone intravenous. It is advisable to monitor liver function particularly transaminases before treatment and six monthly thereafter.

Amiodarone dose should be reduced or the treatment discontinued if the transaminases increase exceeds three times the normal range.

At the beginning of therapy, elevation of serum transaminases which can be in isolation (1.5 to 3 times normal) may occur. These may return to normal with dose reduction, or sometimes spontaneously.

Isolated cases of acute liver disorders with elevated serum transaminases and/or jaundice may occur; in such cases treatment should be discontinued.

There have been reports of chronic liver disease. Alteration of laboratory tests which may be minimal (transaminases elevated 1.5 to 5 times normal) or clinical signs (possible hepatomegaly) during treatment for longer than 6 months should suggest this diagnosis. Routine monitoring of liver function tests is therefore advised. Abnormal clinical and laboratory test results usually regress upon cessation of treatment, but fatal cases have been reported. Histological findings may resemble pseudo-alcoholic hepatitis, but they can be variable and include cirrhosis.

Although there have been no literature reports on the potentiation of hepatic adverse effects of alcohol, patients should be advised to moderate their alcohol intake while taking Amiodarone tablets.

Nervous system disorders: (see section 4.8):

Amiodarone may induce peripheral sensorimotor neuropathy and/or myopathy. Both these conditions may be severe, although recovery usually occurs within several months after amiodarone withdrawal, but may sometimes be incomplete.

Respiratory, thoracic and mediastinal disorders: (see section 4.8).

Onset of dyspnoea or non-productive cough may be related to pulmonary toxicity (hypersensitivity pneumonitis, alveolar/interstitial pneumonitis or fibrosis, pleuritis, bronchiolitis obliterans organising pneumonitis. Presenting features can include dyspnoea (which may be severe and unexplained by the current cardiac status), nonproductive cough and deterioration in general health (fatigue, weight loss and fever). The onset is usually slow but may be rapidly progressive. Whilst the majority of cases have been reported with long term therapy, a few have occurred soon after starting treatment.

Patients should be carefully evaluated clinically and consideration given to chest Xrays before starting therapy. During treatment, if pulmonary toxicity is suspected, this should be repeated and associated with lung function testing including, where possible, measurement of transfer factor. Initial radiological changes may be difficult to distinguish from pulmonary venous congestion. Pulmonary toxicity has usually been reversible following early withdrawal of amiodarone therapy, with or without corticosteroid therapy. Clinical symptoms often resolve within a few weeks followed by slower radiological and lung function improvement. Some patients can deteriorate despite discontinuing Amiodarone tablets.

Skin and subcutaneous tissue disorders (see section 4.8)

Patients should be instructed to avoid exposure to sun and to use protective measures during therapy as patients taking Amiodarone can become unduly sensitive to sunlight, which may persist after several months of discontinuation of Amiodarone. In most cases symptoms are limited to tingling, burning and erythema of sun-exposed skin but severe phototoxic reactions with blistering may be seen.

Severe bullous reactions:

Life-threatening or even fatal cutaneous reactions Stevens-Johnson syndrome (SJS), Toxic Epidermal Necrolysis (TEN) (see section 4.8). If symptoms or signs of SJS, TEN (e.g. progressive skin rash often with blisters or mucosal lesions) are present amiodarone treatment should be discontinued immediately.

Interactions with other drugs (see section 4.5):

Concomitant use of amiodarone is not recommended with the following drugs: betablockers, heart rate lowering calcium channel inhibitors (verapamil, diltiazem), stimulant laxative agents which may cause hypokalaemia.

Increased plasma levels of flecainide have been reported with co-administration of amiodarone. The flecainide dose should be reduced accordingly and the patient closely monitored.

Excipient warnings:

This product contains lactose. Patients with rare hereditary problems of galactose intolerance, the Lapp lactase deficiency or glucose-galactose malabsorption should not take this medicine.

4.5. Interaction with other medicinal products and other forms of interaction

Pharmacodynamic interactions

- Drugs inducing Torsade de Pointes or prolonging QT

- *Drugs inducing Torsade de Pointes*

Combined therapy with the following drugs which prolong the QT interval is contraindicated (see section 4.3) due to the increased risk of Torsades de Pointes; for example:

- Class Ia anti-arrhythmic drugs e.g. quinidine, procainamide, disopyramide
- Class III anti-arrhythmic drugs e.g. sotalol, bretylium
- Intravenous erythromycin, co-trimoxazole or pentamidine injection
- Some anti-psychotics e.g. chlorpromazine, thioridazine, fluphenazine, pimozide, haloperidol, amisulpiride and sertindole
- Lithium and tricyclic anti-depressants e.g. doxepin, maprotiline, amitriptyline
- Certain antihistamines e.g. terfenadine, astemizole, mizolastine
- Anti-malarials e.g. quinine, mefloquine, chloroquine, halofantrine.
- Moxifloxacin

- *Drugs prolonging QT interval*

Co-administration of amiodarone with drugs known to prolong the QT interval (such as clarithromycin) must be based on a careful assessment of the potential risks and

benefits for each patient since the risk of torsade de pointes may increase and patients should be monitored for QT prolongation.

Concomitant use of amiodarone with fluoroquinolones should be avoided (concomitant use with moxifloxacin is contra-indicated). There have been rare reports of QTc interval prolongation, with or without torsades de pointes, in patients taking amiodrone with fluoroquinolones (see section 4.3).

- Drugs lowering heart rate or causing automaticity or conduction disorders

Combined therapy with the following drugs is not recommended:

- Beta blockers and heart rate lowering calcium channel inhibitors (diltiazem, verapamil); potentiation of negative chronotropic properties and conduction slowing effects may occur.

- Agents which may induce hypokalaemia

Combined therapy with the following drugs is not recommended:

- Stimulant laxatives, which may cause hypokalaemia thus increasing the risk of torsades de pointes;(see section 4.4) other types of laxatives should be used.

Caution should be exercised over combined therapy with the following drugs which may cause hypokalaemia and / or hypomagnesaemia: diuretics, systemic corticosteroids, tetracosactrin, intravenous amphotericin.

In cases of hypokalaemia, corrective action should be taken and QT interval monitored. In case of torsades de pointes antiarrhythmic agents should not be given; pacing may be instituted and IV magnesium may be used.

- General anaesthesia

Caution is advised in patients undergoing general anaesthesia, or receiving high dose oxygen therapy.

Potentially severe complications have been reported in patients taking Amiodarone undergoing general anaesthesia: bradycardia unresponsive to atropine, hypotension, disturbances of conduction, decreased cardiac output.

A few cases of adult respiratory distress syndrome, sometimes fatal, most often in the period immediately after surgery, have been observed. A possible interaction with a high oxygen concentration may be implicated.

Effect of amiodarone on other medicinal products

Amiodarone and/or its metabolite, desethylamiodarone, inhibit CYP1A1, CYP1A2, CYP3A4, CYP2C9, CYP2D6 and P-glycoprotein and may increase exposure of their substrates.

Due to the long half-life of amiodarone, interactions may be observed for several months after discontinuation of Amiodarone.

- *PgP substrates*

Amiodarone is a P-gp inhibitor. Co administration with P-gp substrates is expected to result in an increase of their exposure.

- *Digitalis*: administration of amiodarone to a patient already receiving digoxin will bring about an increase in the plasma digoxin concentration and thus precipitate symptoms and signs associated with high digoxin levels. Clinical, ECG and biological monitoring is recommended and digoxin dosage should be halved. A synergistic effect on heart rate and atrioventricular conduction is also possible.

- *Dabigatran*: Caution should be exercised when amiodarone is co administered with dabigatran due to the risk of bleeding. It may be necessary to adjust the dosage of dabigatran as per its label.

- *CYP 2C9 substrates*

Amiodarone raises the plasma concentrations of oral anticoagulants (warfarin) and phenytoin by inhibition of CYP 2C9:

- *Warfarin*: the dose of warfarin should be reduced accordingly. More frequent monitoring of prothrombin time both during and after amiodarone treatment is recommended.

- *Phenytoin*: phenytoin dosage should be reduced if signs of overdosage appear (resulting in neurological signs), and plasma levels may be measured.

- *CYP 2D6 substrates*

- *Flecainide*: given that flecainide is mainly metabolised by CYP 2D6, by inhibiting this isoenzyme, amiodarone may increase flecainide plasma levels; it is advised to reduce the flecainide dose by 50% and to monitor the patient closely for adverse effects. Monitoring of flecainide plasma levels is strongly recommended in such circumstances.

- *CYP P450 3A4 substrates*

When such drugs are co-administered with amiodarone, an inhibitor of CYP 3A4, this may result in a higher level of their plasma concentrations, which may lead to a possible increase in their toxicity:

- *Ciclosporin*: plasma levels of ciclosporin may increase as much as 2-fold when used in combination. A reduction in the dose of ciclosporin may be necessary to maintain the plasma concentration within the therapeutic range.

- *Statins*: the risk of muscular toxicity (e.g.rhabdomyolysis) is increased by concomitant administration of amiodarone with statins metabolised by CYP 3A4 such as simvastatin, atorvastatin and lovastatin. It is recommended to use a statin not metabolised by CYP 3A4 when given with amiodarone.

- *Other drugs metabolised by cytochrome P450 3A4*: examples of such drugs are lidocaine, tacrolimus, sildenafil, fentanyl, midazolam, triazolam, dihydroergotamine, ergotamine and colchicine.

Effect of other products on amiodarone

CYP3A4 inhibitors and CYP2C8 inhibitors may have a potential to inhibit amiodarone metabolism and to increase its exposure.

It is recommended to avoid CYP 3A4 inhibitors during treatment with amiodarone.

Grapefruit juice inhibits cytochrome P450 3A4 and may increase the plasma concentration of amiodarone. Grapefruit juice should be avoided during treatment with oral amiodarone.

Other drug interactions with amiodarone (see section 4.4)

Coadministration of amiodarone with sofosbuvir in combination with another HCV direct acting antiviral (such as daclatasvir, simeprevir, or ledipasvir) is not recommended as it may lead to serious symptomatic bradycardia. The mechanism for this bradycardia effect is unknown.

If coadministration cannot be avoided, cardiac monitoring is recommended (see section 4.4).

4.6 **Pregnancy and lactation**

Pregnancy:

Although no teratogenic effects have been observed in animals, there are insufficient data on the use of amiodarone during pregnancy in humans to judge any possible toxicity.

However, in view of its effect on the foetal thyroid gland, amiodarone is contraindicated during pregnancy, except in exceptional circumstances.

As amiodarone crosses the placenta its use is generally contraindicated except in women with exceptional circumstances. Serious foetal abnormalities such as congenital goitre, hypothyroidism or hyperthyroidism have been reported and are directly attributed to the administration of amiodarone.

If, because of the long half-life of amiodarone, discontinuation of the drug should be considered several months before conception to avoid the real risk of reoccurrence of life threatening arrhythmias should be weighed against the possible hazard for the foetus and exposure in early gestation.

Due to the large proportion of iodine in amiodarone newborns exposed to Amiodarone should have thyroid function tests performed.

Lactation:

Amiodarone is excreted into the breast milk in significant quantities and breastfeeding is contra-indicated.

In addition, due to the long half-life and prolonged exposure hypothyroidism may occur in the infant.

4.7 **Effects on ability to drive and use Machines**

The ability to drive or to operate machinery may be impaired in patients with clinical symptoms of amiodarone-induced eye disorders or vertigo.

4.8 Undesirable effects

Amiodarone can cause serious adverse reactions affecting the lung, liver, thyroid gland, skin and peripheral nervous system (see below). Because these reactions can be delayed, patients on long term treatment should be carefully supervised.

The following adverse reactions are classified by system organ class and ranked under heading of frequency using the following convention: very common ($\geq 10\%$), common ($\geq 1\%$ and $< 10\%$); uncommon ($\geq 0.1\%$ and $< 1\%$); rare ($\geq 0.01\%$ and $< 0.1\%$), very rare ($< 0.01\%$), not known (cannot be estimated from the available data).

Blood and lymphatic system disorders:

- Very rare:
 - haemolytic anemia
 - aplastic anaemia
 - thrombocytopenia.

In patients taking amiodarone there have been incidental findings of bone marrow granulomas. The clinical significance of this is unknown.

Cardiac disorders:

- Common:
 - bradycardia, generally moderate and dose-related.

- Uncommon:
 - onset or worsening of arrhythmia, sometimes followed by cardiac arrest (see sections 4.4 and 4.5)
 - conduction disturbances (sinoatrial block, AV block of various degrees) (see section 4.4)

- Very rare:
 - marked bradycardia or sinus arrest in patients with sinus node dysfunction and/or in elderly patients.

- Not known
 - Torsade de pointes (see sections 4.4 and 4.5.)

Endocrine disorders (see section 4.4):

- Common:
 - hypothyroidism
 - hyperthyroidism, sometimes fatal(see section 4.4)

- Very rare
 - syndrome of inappropriate antidiuretic hormone secretion (SIADH)

Eye disorders:

- Very common:
 - Corneal microdeposits usually limited to the area under the pupil, which are usually only discernable by slit-lamp examinations. They may be associated with colored

halos in dazzling light or blurred vision. Corneal micro-deposits consist of complex lipid deposits and are reversible following discontinuation of treatment. The deposits are considered essentially benign and do not require discontinuation of amiodarone.

- Very rare:
 - optic neuropathy/neuritis that may progress to blindness (see section 4.4).

Gastrointestinal disorders:

- Very common:
 - benign gastrointestinal disorders (nausea, vomiting, dysgeusia, metallic taste) usually occurring with loading dosage and resolving with dose reduction.
- Common:
 - constipation
- Uncommon:
 - dry mouth
- Not known:
 - pancreatitis/acute pancreatitis

General Disorders:

- Not known:
 - Granuloma, including bone marrow granuloma

Hepato-biliary disorders: (see section 4.4).

- Very common:
 - isolated increase in serum transaminases, which is usually moderate (1.5 to 3 times normal range), occurring at the beginning of therapy. It may return to normal with dose reduction or even spontaneously.
- Common:
 - acute liver disorders with high serum transaminases and/or jaundice, including hepatic failure, which are sometimes fatal.
- Very rare:
 - chronic liver disease (pseudo alcoholic hepatitis, cirrhosis), sometimes fatal (see section 4.4).

Immune system disorders:

- Not known:
 - Angioneurotic oedema (Quincke's Oedema)
 - Anaphylactic shock/anaphylactoid reaction including shock

Investigations:

- Very rare:
 - increase in blood creatinine.

Metabolism and nutrition disorders:

- Not known:
 - decreased appetite

Musculoskeletal and connective tissue disorders:

- Not known:
 - lupus like syndrome

Nervous system disorders:

- Common:
 - extrapyramidal tremor, for which regression usually occurs after reduction of dose or withdrawal
 - nightmares
 - sleep disorders

- Uncommon:
 - peripheral sensorimotor neuropathy and/or myopathy, usually reversible on withdrawal of the drug (see section 4.4).

- Very rare:
 - cerebellar ataxia, for which regression usually occurs after reduction of dose or withdrawal
 - benign intracranial hypertension (pseudo- tumor cerebri)
 - headache
 - vertigo

- Not known:
 - parkinsonism
 - parosmia

Psychiatric disorders:

- Not known:
 - confusional state/delirium

Reproductive system and breast disorders:

- Very rare:
 - epididymo-orchitis
 - impotence

Respiratory, thoracic and mediastinal disorders:

- Common:
 - pulmonary toxicity [hypersensitivity pneumonitis, alveolar/interstitial pneumonitis or fibrosis, pleuritis, bronchiolitis obliterans organising pneumonia (BOOP)], sometimes fatal (see section 4.4)
- Very rare:
 - bronchospasm in patients with severe respiratory failure and especially in asthmatic patients
 - surgery (possible interaction with a high oxygen concentration) (see sections 4.4 and 4.5).

Pulmonary haemorrhage (there have been some reports of pulmonary haemorrhage, although exact frequencies are not known)

Skin and subcutaneous tissue disorders:

- Very common:
 - photosensitivity (see section 4.4)

- Common:
 - slate grey or bluish pigmentations of light-exposed skin, particularly the face, in case of prolonged treatment with high daily dosages; such pigmentations slowly disappear following treatment discontinuation.
 - eczema

- Very rare:
 - erythema during the course of radiotherapy
 - skin rashes, usually non-specific
 - exfoliative dermatitis
 - alopecia.

- Not known:
 - urticaria
 - severe skin reactions sometimes fatal including toxic epidermal necrolysis/Stevens-Johnson syndrome
 - bullous dermatitis and drug reaction with eosinophilia and systematic symptoms

Vascular disorders:

- Very rare:
 - vasculitis.

4.9 Overdose

Little information is available regarding acute overdose with oral amiodarone. Few cases of sinus bradycardia, heart block, attacks of ventricular tachycardia, torsades de pointes, circulatory failure and hepatic injury have been reported. The fatal dose of amiodarone is not known. Ingestion of 8g has caused no symptoms and patients have survived overdoses of 15g. However, some patients may develop cardiac features at lower doses.

Symptoms

Nausea, vomiting, sweating, sinus bradycardia, heart block, circulatory failure and hepatic injury hypotension, tachycardia and bradycardia may occur. There may also be ECG changes including prolongation of the QT interval, attacks of ventricular tachycardia, atrial flutter, premature beats, Torsades de Pointes and AV block.

Treatment

No specific antidote to amiodarone overdose is known. Treatment is largely symptomatic and supportive and may need to be prolonged because of the long half-life of amiodarone. Haemodialysis has no value in eliminating amiodarone. Activated charcoal 50g may be used if an adult presents within 1 hour of ingestion of 2g or 10 to 15g for a child ingesting 20mg.kg⁻¹ within 1 hour. Gastric lavage may be considered in

adults within 1 hour of a potentially life threatening overdose. ECG and electrolytes should be monitored for at least 24 hours after the overdose. Torsades de Pointes may be treated with magnesium sulphate 8 to 10mmol (4 to 5ml of 2mmol.ml⁻¹ solution) intravenously over 30 to 120 seconds, repeated twice at intervals of 5 to 15 minutes if necessary. Alternatively, or if these measures fail, Torsades de Pointes may be abolished by increasing the underlying heart rate. This can be achieved by atrial or ventricular pacing or by isoprenaline infusion to achieve a heart rate of 90 to 110 beats per minute.

In the event of overdose treatment should be symptomatic, gastric lavage may be employed to reduce absorption in addition to general supportive measures. The patient should be monitored and if bradycardia occurs beta-adrenostimulants or glucagon may be given. Spontaneously resolving attacks of ventricular tachycardia may also occur. Due to the pharmacokinetics of amiodarone, adequate and prolonged surveillance of the patient, particularly cardiac status, is recommended. Neither amiodarone nor its metabolites are dialysable.

5. PHARMACOLOGICAL PROPERTIES

5.1 Pharmacodynamics properties

ATC code: C01B D01.

Amiodarone hydrochloride is a class III antiarrhythmic.

No controlled paediatric studies have been undertaken.

In published studies the safety of amiodarone was evaluated in 1118 paediatric patients with various arrhythmias. The following doses were used in paediatric clinical trials.

Oral

- Loading dose: 10 to 20 mg/kg/day for 7 to 10 days (or 500 mg/m²/day if expressed per square meter)
- Maintenance dose: the minimum effective dosage should be used; according to individual response, it may range between 5 to 10 mg/kg/day (or 250 mg/m²/day if expressed per square meter)

5.2 Pharmacokinetic properties

Amiodarone is strongly protein bound and the plasma half-life is usually of the order of 50 days. However there may be considerable inter-patient variation; in individual patients a half life of less than 20 days and a half life of more than 100 days has been reported. High doses of Amiodarone, for example 600 mg / day should be given initially to achieve effective tissue levels as rapidly as possible. Owing to the long half-life of the drug, a maintenance dose of only 200 mg / day, or less is usually necessary sufficient time must be allowed for a new distribution equilibrium to be achieved between adjustments of dose.

The long half-life is a valuable safeguard for patients with potentially lethal arrhythmias as omission of occasional doses does not significantly influence the protection afforded by Amiodarone.

No controlled paediatric studies have been undertaken. In the limited published data available in paediatric patients, there were no differences noted compared to adults.

Amiodarone is metabolised mainly by CYP3A4, and also by CYP2C8. Amiodarone and its metabolite, desethylamiodarone, exhibit a potential in vitro to inhibit CYP1A1, CYP1A2, CYP2C9, CYP2C19, CYP2D6, CYP3A4, CYP2A6, CYP2B6 and 2C8. Amiodarone and desethylamiodarone have also a potential to inhibit some transporters such as Pgp and organic cation transporter (OCT2) (One study shows a 1.1% increase in concentration of creatine (a OCT 2 substrate). In vivo data describe amiodarone interactions on CYP3A4, CYP2C9, CYP2D6 and Pgp substrates.

5.3 Preclinical Safety data

In a 2-year carcinogenicity study in rats, amiodarone caused an increase in thyroid follicular tumours (adenomas and/or carcinomas) in both sexes at clinical relevant exposures. Since mutagenicity findings were negative, an epigenic rather than genotoxic mechanism is proposed for this type of tumour induction. In the mouse, carcinomas were not observed, but a dose dependent thyroid follicular hyperplasia was seen. These effects on the thyroid in rats and mice are most likely due to effects of amiodarone on the synthesis and/or release of thyroid gland hormones. The relevance of these findings to man is low.

6. PHARMACEUTICAL PARTICULARS

6.1 List of excipients

Maize starch,
Lactose Monohydrate,
Povidone (Polyvinyl Pyrolidon) K90,
Magnesium Stearate,
Colloidal Anhydrous Silica,
Pre Gelatinised Starch.

6.2 Incompatibilities

None known

6.3 Shelf life

36 Months

6.4 Special precautions for storage

Store below 30 °C.

6.5 Nature and contents of container

Pack size: 2 × 14's

14 Tablets are packed in blisters using Printed aluminium foil and PVC clear film.

6.6 Special precautions for disposal and other handling

Not applicable.

7. APPLICANT/MANUFACTURER

SK Medicines Ltd.,
Nigeria.

Manufacturer:

Medreich Limited

Survey No:4/3, Avalahalli, Anjanapura post, Kanakapura
Road, Bengaluru -560 062, Karnataka. India.