

Amlodipine Besylate Tablets

10mg

SUMMARY OF PRODUCT CHARACTERISTICS

1.3 Product Information

1.3.1 Summary of Product Characteristics (SmPC)

1. Name of the medicinal product

Amlodipinebesylate 10 mg tablets

2. Qualitative and quantitative composition

Each tablet contains amlodipine 5 mg/10mg.

3. Pharmaceutical form

Tablets.

4. Clinical particulars

4.1 Therapeutic indications

Amlodipine is indicated for the first line treatment of hypertension and can be used as a sole agent to control blood pressure in the majority of patients. Patients not adequately controlled on a single antihypertensive agent may benefit from the addition of amlodipine, which has been used in combination with a thiazide diuretic, alpha-blockers, beta adrenoceptor blocking agent, or an angiotensin-converting enzyme inhibitor.

Amlodipine is indicated for the first line treatment of myocardial ischemia, whether due to fixed obstruction (stable angina) or vasospasm/vasoconstriction (Prinzmetal's or Variant angina) of coronary vasculature.

Amlodipine may be used where the clinical presentation suggests a possible vasospastic/vasoconstrictive component but where vasospasm/vasoconstriction has not been confirmed, Amlodipine may be used alone as monotherapy, or in combination with other antianginal drugs in patients with angina that is refractory to nitrates and/ or adequate doses of beta blockers.

4.2 Posology and method of administration

For both hypertension and angina, the usual initial dose is 5mg amlodipine once daily, which may be increased to a maximum dose of 10mg depending on the individual patient's response.

No dose adjustment of amlodipine is required upon concomitant administration of thiazide diuretic, beta blockers, and angiotensin-converting enzyme inhibitors.

Use in the Elderly

Normal dosage regimens are recommended. Amlodipine, used at similar doses in elderly or younger patients, is equally well tolerated.

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Use in children

Safety and effectiveness of amlodipine in children have not been established,

Use in Patients with Impaired Hepatic function.

As with all calcium antagonist, amlodipine half life is prolonged in patients with impaired liver function and dosage recommendations have not been established. The drug should therefore be administered with caution in these patients.

Use in Renal Failure

Amlodipine may be used in such patients at normal doses. Changes in amlodipine plasma concentrations are correlated with degree of renal impairment. Amlodipine is not dialyzable.

4.3 Contraindications

Amlodipine is contraindicated in patients with a known sensitivity to dihydropyridines. Amlodipine, or any of the inert ingredients.

4.4 Special warnings and precautions for use

WARNINGS

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4.5 Interaction with other medicinal products and other forms of interaction

Amlodipine has been safely administered with thiazide diuretics, alpha blockers, beta-blockers, angiotensin-converting enzyme inhibitors, long acting nitrates, sublingual nitroglycerine, non-steroidal anti-inflammatory drugs, antibiotics and oral hypoglycemic drugs,

Special studies have indicated that the co-administration of amlodipine with digoxin did not change serum digoxin levels or digoxin renal clearance in normal volunteers, and that co-administration of cimetidine did not alter the pharmacokinetics of amlodipine. In vitro data from studies with human plasma indicate that amlodipine has no effect on protein binding of the drugs tested (digoxin, phenytoin, warfarin, or indomethacin). In healthy male volunteers, the co-administration of amlodipine does not significantly alter the effect of warfarin on prothrombin response time.

4.6 Fertility, pregnancy and lactation

Safety of amlodipine in human pregnancy or lactation has not been established. Amlodipine does not demonstrate toxicity in animal reproductive studies other than to delay parturition and prolong labor in rats at a dose level fifty, times the maximum recommended dose in humans, Accordingly. Use in pregnancy is only recommended when there is no safer alternative and when the disease itself carries greater risk for the mother and fetus.

4.7 Effects on ability to drive and use machines

Amlodipine can have minor or moderate influence on the ability to drive and use machines. If patients taking amlodipine suffer from dizziness, headache, fatigue or nausea the ability to react may be impaired. Caution is recommended especially at the start of treatment.

4.8 Undesirable effects

Amlodipine is well tolerated, In placebo controlled clinical trials involving patients with hypertension or angina, the most commonly observed side effects were headache, edema, fatigue, somnolence, nausea, abdominal pain, flushing, palpitation and dizziness. In these clinical trials no pattern of clinically significant laboratory test abnormalities related to amlodipine has been observed.

Less commonly observed side effects in marketing experience include alopecia, altered bowel habits, arthralgia, asthenia, back pain, dyspepsia, dyspnea, gingival hyperplasia, gynecomastia, hyperglycemia, impotence, increased urinary frequency, leucopenia, malaise, mood changes, dry mouth, muscle cramps myalgia, peripheral neuropathy, pancreatitis, increased sweating, syncope, thrombocytopenia, vasculitis, and visual disturbances and rarely, erythema multi-forme. In many cases, causal association is uncertain.

Rarely, allergic reactions including pruritus, rash, angioedema, and erythema multiforme. Hepatitis jaundice and hepatic enzyme elevations have also been reported very infrequently (mostly consistent with cholestasis). Some cases severe enough to require hospitalization have been reported in association with use of amlodipine. In many instances, causal association is uncertain.

As with other calcium channel blockers the following adverse events have been rarely reported and can not be distinguished from the natural history of the underlying disease: myocardial infarction, arrhythmia (including ventricular tachycardia and atrial fibrillation) and chest pain.

4.9 Overdose

In humans, experience with intentional over dose is limited, Gastric lavage may be worth while in some cases. Available data suggest that gross overdose could result in excessive peripheral

vasodilation with subsequent marked and probably prolonged systemic hypotension. Clinically significant hypotension due to amlodipine overdose calls for active cardiovascular support including frequent monitoring of cardiac and respiratory function, elevation of extremities, and attention to circulating fluid volume and urine output. A vasoconstrictor may be helpful in restoring vascular tone and blood pressure, provided that there is no contraindication to its use. Intravenous calcium gluconate may be beneficial in reversing the effects of calcium channel blockade. Since amlodipine is highly protein-bound, dialysis is not likely to be of benefit.

5. Pharmacological properties

5.1 Pharmacodynamic properties

Pharmacotherapeutic group: Calcium channel blockers, selective calcium channel blockers with mainly vascular effects.

ATC code: C08CA01

Amlodipine is a calcium ion influx inhibitor (slow channel blocker or calcium ion antagonist) and inhibits the trans-membrane influx of calcium ions into cardiac and smooth muscle. The mechanism of action of amlodipine, is due to a direct relaxant effect on vascular smooth muscle. The precise mechanism by which amlodipine relieves angina has not been fully determined but amlodipine reduces total ischemic burden by the following two actions

Amlodipine dilates peripheral arterioles and thus, reduces the total peripheral resistance (afterload) against which the heart works. Since the heart rate remains stable, thus unloading of the heart reduces myocardial energy consumption and oxygen requirements.

The mechanism of action of amlodipine also probably involves dilation of the main coronary arteries and arterioles, both in normal and ischemic regions.

This dilation increases myocardial oxygen delivery in patients with coronary artery spasm (Prinzmetal's or variant angina) and blunts smoking induced coronary vasoconstriction. In patients with hypertension once daily dosing provides clinically significant reductions of blood pressure in both the supine and standing positions throughout the 24-hour interval. Due to slow onset-of action, acute hypotension is not a feature of amlodipine administration.

5.2 Pharmacokinetic properties

In patients with angina, once daily administration of amlodipine increases total exercise time, time to angina onset and time to 1 mm ST segment depression and decreases both angina attack frequency and nitroglycerin tablets consumption. Amlodipine has not been associated with any

adverse metabolic effects or changes in plasma lipids and is suitable for use in patients with asthma, diabetes and gout. In vitro studies have shown that approximately 97.5% of circulating amlodipine is bound in plasma proteins.

After oral administration of therapeutic doses, amlodipine is well absorbed with peak blood levels between 6-12 hours post dose. Absolute bioavailability has been estimated to be between 64 and 80%. The volume of distribution is approximately 21L/kg. Steady state plasma levels are reached after 7-8 days of consecutive dosing.

Absorption of amlodipine is unaffected by consumption of food, the terminal plasma elimination half life is about 35-50 hours and is consistent with once daily dosing. Amlodipine is extensively metabolized by the liver to inactive metabolites with 10% of the parent compound and 60% of metabolites excreted in the urine.

Hemodynamic studies and exercise based controlled clinical trials in NYHA class II-IV heart failure patients have shown that amlodipine did not lead to clinical deterioration as measured by exercise tolerance, left ventricular ejection fraction and clinical symptomatology.

“A placebo controlled study (PRAISE) designed to evaluate patients in NYHA class III-IV heart failure receiving digoxin, diuretics and ACE inhibitors has shown that amlodipine did not lead to an increase in risk of mortality or combined mortality and morbidity in patients with heart failure”.

5.3 Preclinical safety data

Reproductive toxicology

Reproductive studies in rats and mice have shown delayed date of delivery, prolonged duration of labour and decreased pup survival at dosages approximately 50 times greater than the maximum recommended dosage for humans based on mg/kg.

Impairment of fertility

There was no effect on the fertility of rats treated with amlodipine (males for 64 days and females 14 days prior to mating) at doses up to 10 mg/kg/day (8 times* the maximum recommended human dose of 10 mg on a mg/m² basis). In another rat study in which male rats were treated with amlodipine besilate for 30 days at a dose comparable with the human dose based on mg/kg, decreased plasma follicle-stimulating hormone and testosterone were found as well as decreases in sperm density and in the number of mature spermatids and Sertoli cells.

Carcinogenesis, mutagenesis

Rats and mice treated with amlodipine in the diet for two years, at concentrations calculated to provide daily dosage levels of 0.5, 1.25, and 2.5 mg/kg/day showed no evidence of carcinogenicity. The highest dose (for mice, similar to, and for rats twice* the maximum recommended clinical dose of 10 mg on a mg/m² basis) was close to the maximum tolerated dose for mice but not for rats. Mutagenicity studies revealed no drug related effects at either the gene or chromosome levels.

* Based on patient weight of 50kg.

6. Pharmaceutical particulars

6.1 List of excipients

Mannitol, pregelatinized starch, microcrystalline cellulose, hydroxypropyl methylcellulose, magnesium stearate, sodium starch glycolate, silicon dioxide.

6.2 Incompatibilities

None stated.

6.3 Shelf life

3 years.

6.4 Special precautions for storage

Store in a cool, dry and dark place at a temperature not exceeding 30°C. Keep medicines out of the reach of children.

6.5 Nature and contents of container

Blister.

6.6 Special precautions for disposal and other handling

None stated.